




# April 2025 Menu



Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<b>Meal Pattern</b> <b>Minimum</b> <b>Quantities</b>  <b>Fluid 1% unflavored</b> <b>milk 8 oz.</b>  <b>Meat or</b> <b>Meat Alternative</b> <b>2 oz. mm</b>  <b>Vegetables 1/2 cup</b>  <b>Fruits 1/2 cup</b>  <b>Grains</b> <b>2 ounces</b> <b>2 servings or</b> <b>1 cup</b>		<b>1 Chef Salad</b> Lettuce, egg, ham, turkey, tomatoes, cheese, 2 slices wgr bread , bananas, 1% milk	<b>2 PB&amp; J</b> WGR bread, peanut butter, jelly, tomato and cucumber salad, mandarins, 1% milk	<b>3 Burrito Bowl</b> Ground beef, brown rice, onion, tomato, cheese, avocado, strawberries 1 % milk	<b>4 BBQ Chicken Bowl</b> Chicken, quinoa, black beans BBQ sauce, peaches, 1% milk	5	
	<b>7 Taco Casserole</b> Beans, beef onions tomatoes, cheese, corn chips, fruit cocktail ,1% milk	<b>8 Chicken and Cabbage Salad</b> Chicken, cabbage, carrots, sesame dressing, 2 slices wgr bread, mandarins, 1%	<b>9 Stuffed Peppers</b> Ground beef, brown rice, bell peppers, tomatoes, cheese, mixed fruit 1% milk	<b>10 Spaghetti</b> Ground beef, wgr noodles, tomatoes, onions, peppers, garlic bread, applesauce 1% milk	<b>11 Meatloaf</b> Ground beef, red potatoes, green beans, 2 slices WW bread, mixed fruit, 1% milk	12	
	<b>14 Chicken Caesar Wrap</b> Chicken, lettuce, cheese, wgr tortilla, chips, peaches, 1% milk	<b>15 Chicken Pesto Pasta</b> WGR pasta, chicken, spinach, tomatoes, mozzarella parmesan, applesauce ,1% milk	<b>16. Beef Stew</b> Beef, potatoes, carrots, onions, corn bread bananas 1% milk	<b>17 Turkey and Swiss Sandwiches</b> WG bread, sliced turkey breast, swiss cheese, lettuce, tomato, chips, applesauce, 1% milk	<b>18 Mac and Cheese</b> WG noodles, cheddar cheese, green beans pears, 1% milk	19	
	<b>21 Chicken Fried Rice</b> Chicken, brown rice, peas, carrots, onions, mandarin oranges, 1% milk	<b>22 Chicken and Waffles</b> Chicken tenders, WGR waffles, 100% vegetable juice, pears 1% milk	<b>23 Chili</b> Ground turkey, beans, tomatoes, onions, peppers, cheese, cornbread, peaches 1% milk	<b>24 Beef &amp; Broccoli</b> Beef, brown rice, broccoli, mandarin oranges, 1% milk	<b>25 Enchilada Casserole</b> Chicken, cheese, ww tortilla, tomatoes, onions, beans, applesauce 1% milk	26	
	<b>28 Hot Dogs and Tator Tots</b> CACFP hot dogs, tator tots, wgr bun, pears, 1% milk	<b>29 Cheese Burger Bowl</b> Beef, cheese, onion, tomato, lettuce, mustard, pickles, brown rice, peaches 1% milk	<b>30 Chicken Salad Sandwich</b> WW bread, chicken, onion, celery, garden salad, mandarins, 1% milk				<b>For the health and safety of our participants, please do not bring in or share any outside food or drink. Store prepared items may be approved for special occasions.</b>