


September 2025 Menu



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Meal Pattern Minimum Quantities Fluid 1% unflavored milk 8 oz. Meat or Meat Alternative 2 oz. mm Vegetables 1/2 cup Fruits 1/2 cup Grains 2 ounces 2 servings or 1 cup	1 Closed  LABOR DAY	2 Reuben Casserole Corned beef, sauerkraut, onions, Swiss cheese, 2 wgr rolls, mandarin oranges, 1% milk	3 Chicken Pesto Pasta WGR pasta, chicken, spinach, tomatoes, mozzarella parmesan, applesauce, 1% milk	4 Ham and Swiss Sandwiches WGR bread, sliced ham breast, Swiss cheese, lettuce, tomato, chips, applesauce, 1% milk	5 Pizza Pasta Bake WGR penne, ground beef, pepperoni, mozzarella cheese, olives, tomato sauce, peaches, 1 % milk	6
	8 Roast Beef Cheddar Wraps Sliced roast beef, cheddar cheese, wgr tortilla, lettuce, tomato, potato chips, pears 1% milk	9 Stuffed Peppers Ground beef, brown rice, bell peppers, tomatoes, cheese, mixed fruit 1% milk	10 Taco Salad Ground turkey, lettuce, onions, tomatoes, wgr corn chips, cheese, sour cream, guacamole, mixed fruit, 1% milk	11 Chicken and Waffles Chicken tenders, WGR waffles, 100% vegetable juice, pears 1% milk	12 Breakfast Sandwich WGR rich English muffin, egg, turkey sausage, cheese, 100 % vegetable juice, peaches, 1% milk	13
	15 Baked Ravioli Cheese ravioli, ground beef, cheese, tomatoes, spinach, 2 slices WGR bread, mandarins, 1% milk	16 Chicken Cordon Bleu Casserole Chicken, wgr pasta, ham, Swiss cheese, peas, carrots, 1% milk, pears	17 Pulled Pork Sandwich Pork, wg hamburger bun, coleslaw, pears, 1% milk	18 Macaroni & Cheese WGR macaroni, cheddar cheese, green beans, pears, 1% milk	19 Tuna Melts WGR bread, tuna, celery, onion, pickles, cheddar cheese, chips, 1% milk	20
	22 Taco Casserole Beans, beef onions tomatoes, cheese, WGR corn chips fruit cocktail, 1% milk	23 Mediterranean Wrap Chicken, cucumber, tomato, olives, feta, wgr tortilla, 1 %milk, applesauce	24 Tator Hot Dish Tator tots, ground turkey, green beans, cheese, WGR roll, 1 % milk applesauce	25 Chicken Quesadillas WGR tortilla, chicken, cheese, beans sour cream, guacamole, tomatoes applesauce, 1% milk	26 50's Diner Meal Swedish meatballs, brown rice, green beans, jello, fruit cocktail, 1 % milk	27
	29 Spaghetti Ground beef, wgr pasta, tomatoes, onions, garlic, mandarin oranges, garlic bread, 1% milk	30 Philly Cheesesteak Casserole Beef, onion, peppers, cheese, 2 slices wgr bread, mandarins, 1% milk			For the health and safety of our participants, please do not bring in or share any outside food or drink. Store prepared items may be approved for special occasions.	