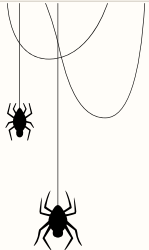
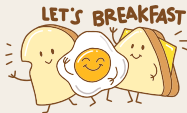




October 2026 Menu



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Ground Beef and Spanish Rice	Chili 	
4	5 Cuban Black Beans and Rice	6 Burrito Bowls 	7 Honey Lime Chicken 	8 Chicken Salad Sandwich	9 Meatloaf	10
11 	12 Teryaki Chicken	13 Turkey Potato Hash	14 Beef Stroganoff 	15 Chicken Fried Rice	16 Macaroni and Cheese 	17
18	19 Navy Bean and Ham Soup	20 Roast Beef Sandwich	21 Grilled Cheese and Tomato Soup	22 Breakfast Casserole 	23 Spaghetti	24
25	26 Chicken and Waffles 	27 Beef Stew	28 Turkey and Swiss Sandwich 	29 Chimichangas	30 Chili	31 