











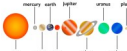

























CDM'S ADC ACTIVITY CALENDAR

November 2022

Physical Day Center Hours are Monday through Friday 10am-3pm
 Most activities will also be available virtually@ GoToMeeting 897-248-437.



Sun	Mon	Tue	Wed	Thu	Fri	Sat	
 November	 Aviation History Month	1 10:00 Coffee Talk 10:30 Exercises 11:00 AG/Art with Laura 1:00 Bingo 2:00 Dice  Día de Los Muertos	2 10:00 Coffee Talk 10:30 Exercises 11:00 Trivia 1:00 Bingo 2:00 Dice  National Deviled Egg Day	3 0:00 Coffee Talk 10:30 Exercises 11:00 Crosswords 1:00 Golfing 2:00 Dice  Sandwich Day	4 10:00 Coffee Talk 10:30 Exercises 11:00 Art w/Patti and Cathy Deal or No Deal 1:00 Music Therapy 2:00 Dice  National Candy Day	5  Bison Day	
6 Daylight Savings Ends 	7 10:00 Coffee Talk 10:30 Exercises 11:00 Crosswords 1:00 Music Therapy 2:00 Bingo  Retinol Day	8 10:00 Coffee Talk 10:30 Exercises 11:15 Primetime Singers 1:00 Bingo 2:00 Dice  Full "Beaver" Moon	9 10:00 Coffee Talk 10:30 Exercises 11:00 Matt and Tammy 1:00 Bingo 2:00 Dice  Carl Sagan Day	10 10:00 Coffee Talk 10:30 Exercises 11:00 Jeopardy 1:00 Bowling 2:00 Dice  Sesame Street Day	11 10:00 Coffee Talk 10:30 Exercises 11:00 Art w/Patti and Cathy Trivia 1:00 Music Therapy 2:00 Dice  Veterans Day	12  Football Day	
13  World Kindness Week	14 10:00 Coffee Talk 10:30 Exercises 11:00 Pickle Tasting 1:00 Music Therapy 2:00 Dice  National Pickle Day	15 10:00 Coffee Talk 10:30 Exercises 11:00 AG/Art with Laura 1:00 Bingo 2:00 Dice  Steve Irwin Day	16 10:00 Coffee Talk 10:30 Exercises 11:00 Jeopardy 1:00 Bingo 2:00 Dice  Check Your Wipers Day	17 10:00 Coffee Talk 10:30 Exercises 11:00 Fargher Lake Boys 1:00 Bingo 2:00 Dice  Great American Smokeout	18 10:00 Coffee Talk 10:30 Exercises 11:00 Art w/Patti and Cathy Client Council 1:00 Music Therapy 2:00 Bingo  Apple Cider Day	19  National Camp Day	
20  Mother Goose Day	21 10:00 Coffee Talk 10:30 Exercises 11:00 TV Jeopardy 1:00 Music Therapy 2:00 Dice  World TV Day	22 10:00 Coffee Talk 10:30 Exercises 11:00 AG/Art with Laura 1:00 Bingo 2:00 Dice  Humane Society Day	23 10:00 Coffee Talk 10:30 Exercises 11:00 Matt and Tammy 1:00 Bingo 2:00 Dice  National Espresso Day	24 closed  Happy Thanksgiving		25 closed 	26  National Cake Day
27  Slinky Day	28 10:00 Coffee Talk 10:30 Exercises 11:00 Crosswords 1:00 Music Therapy 2:00 Dice  Cyber Monday	29 10:00 Coffee Talk 10:30 Exercises 11:00 AG/Art with Laura 1:00 Bingo 2:00 Dice  Giving Tuesday	30 10:00 Coffee Talk 10:30 Exercises 11:00 Crosswords 1:00 Bingo 2:00 Dice Personal Space Day	 National Adoption Month	Adopt a Senior Pet Month 	 Adopt a Turkey Month	