









# Menu May 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>For the health and safety of our participants, please do not bring in or share any outside food or drink. Store prepared items may be approved for special occasions.</p>						<p>Meal Pattern</p> <p>Minimum</p> <p>Quantities</p>
5	<p><b>6 Asian Chicken Salad</b> Chicken, wg roll onion, peppers, carrots, cabbage, mandarin oranges, 1% milk</p>	<p><b>7 Mediterranean Chicken Wraps</b> Chicken, onion, tomato, feta, spinach, olives WG tortilla, applesauce, 1% milk</p>	<p><b>18 Pasta Salad</b> Wg noodles, chicken, tomatoes, onions, cucumbers, olives, feta, pears, 1% milk</p> 	<p><b>9 Thai Noodle Salad</b> Brown rice, noodles, chicken, peppers, cucumbers, sweat chili Thai dressing, mixed fruit, 1% milk</p>	<p><b>10 BBQ Chicken Bowls</b> Chicken breast, potatoes, coleslaw, corn, onions, wg toll, peaches, 1% milk</p>	<p>Fluid 1% milk 8 oz.</p> <p>Meat or</p> <p>Meat Alternative</p>
12	<p><b>13 Macaroni &amp; Cheese</b> WG macaroni, cheddar cheese, green beans, pears, 1% milk</p> 	<p><b>14 Egg Roll In a Bowl</b> Brown rice, chicken, cabbage, carrots, onions, mandarin oranges, 1% milk</p>	<p><b>15 Baked Ziti</b> Ground beef, Italian sausage, wg pasta, tomatoes, onions, olives, spinach, cheese, 1% milk</p>	<p><b>16 BBQ Chicken Bowl</b> Chicken, quinoa, black beans BBQ sauce, applesauce</p> 	<p><b>17 Enchilada Casserole</b> Chicken, cheese, ww tortilla, tomatoes, onions, beans, mandarin oranges, 1% milk</p>	<p>2 oz. mm</p> <p>Vegetables 1/2 cup</p>
19	<p><b>20 Tuna Sandwich</b> Tuna, ww bread, garden salad, peaches, 1% milk</p>	<p><b>21 Jerk Chicken</b> Chicken, brown rice, peppers, beans, mango, avocado, pineapple sauce, apples, 1% milk</p>	<p><b>22 Beef Stew</b> Beef, potatoes, carrots, onions, wg roll, mixed fruit 1% milk</p>	<p><b>23 Grilled Cheese and Tomato Soup</b> WW bread, cheddar cheese, tomatoes, applesauce, 1% milk</p>	<p><b>24 French Toast</b> WW bread, egg, turkey sausage, 100% tomato juice, applesauce, 1% milk</p> 	<p>Fruits 1/2 cup</p> <p>Grains</p> <p>2 ounces</p>
26	<p>27</p> <p><b>Closed</b></p> 	<p><b>28 Chili</b>  Ground turkey, beans, tomatoes, onions, peppers, cheese, cornbread, mandarin oranges, 1% milk</p>	<p><b>29 Chicken Alfredo</b> Chicken breast, WG pasta, broccoli, cheese, bananas, 1% milk</p>	<p><b>30 Taco Salad</b> Ground turkey, lettuce, onions, tomatoes, corn chips, cheese, sour cream, guacamole, mixed fruit, 1% milk</p>	<p><b>31 Chicken Fried Rice</b> Chicken, brown rice, egg, onions, peas, carrots, peaches, 1% milk</p>	<p>2 servings or</p> <p>1 cup</p>