




JULY 2025 MENU



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Meal Pattern Minimum Quantities Fluid 1% unflavored milk 8 oz. Meat or Meat Alternative 2 oz. mm Vegetables 1/2 cup Fruits 1/2 cup Grains 2 ounces 2 servings or 1 cup		1 Baked Ravioli Cheese ravioli, ground beef, tomatoes, onions, mozzarella cheese, 2 ounces whole wheat garlic bread, pears, 1% milk	2 Chicken and Waffles Chicken tenders, WGR waffles, 100% vegetable juice, mixed fruit, 1% milk	3 Corn Dogs CN labeled corn dogs, tator tots peaches, 1% milk	4 Closed 	5
	7 French Toast and Sausage 2 slices WGR bread, eggs, turkey sausage, 100 % vegetable juice, mixed fruit, 1 % milk	8 Fish Sticks Fish sticks, potato salad, WGR bread sticks, mandarin oranges, 1% milk	9 Turkey and Cheddar Sandwiches WGR bread, sliced turkey breast, cheddar cheese, lettuce, tomato, chips, applesauce, 1% milk	10 Beef Stew Beef, potatoes, carrots, onions, WGR corn bread bananas 1% milk	11 Mac & Cheese WGR macaroni, cheddar cheese, onions, garlic, green beans, roll, peaches, 1% milk	12
	14 Tuna Sandwich Tuna, ww bread, onion, celery, tomato cucumber salad, applesauce, 1% milk	15 Tator Tot Hot Dish Tator tots, ground turkey, green beans, cheese, 2 ounces WGR roll, 1 % milk, mandarins	16 Chicken Spinach Salad Chicken, spinach, red onion, feta cheese, 2 slices WGR bread, strawberries, 1% milk	17 Italian Pasta Salad WGR penne, tomatoes, pepperoni, olives, mozzarella cheese, 1% milk, applesauce	18 Asian Chicken Salad Chicken, brown rice onion, peppers, carrots, cabbage, mandarin oranges, 1% milk	19
	21 Broccoli & Beef Beef, broccoli, onion, peppers, broccoli, brown rice, mandarins, 1% milk	22 Meatloaf Ground beef, onions, celery, potatoes, broccoli, 2 slices whole wheat bread, mixed fruit, 1% milk	23 Curry Chicken Salad Chicken, celery, onion, cilantro, 2 slices WGR bread, applesauce, 1% milk	24 Taco Casserole Beans, beef onions tomatoes, cheese, corn chips fruit cocktail ,1% milk	25 Taco Salad Ground turkey, lettuce, onions, tomatoes, WGR corn chips, cheese, sour cream, guacamole, pears, 1% milk	26
	28 Cowboy Pasta Salad Ground turkey, pinto beans, WGR pasta, green onion, corn, tomatoes, pears, 1% milk	29 Tuna Sandwich Tuna, ww bread, onion, celery, tomato, cucumber salad, applesauce, 1% milk	30 Sloppy Joes Ground turkey, tomatoes, onions, peppers, WGR bun, chips, applesauce, 1% milk	31 Chicken Fried Rice Chicken, brown rice, egg, onions, peas, carrots, peaches, 1% milk	For the health and safety of our participants, please do not bring in or share any outside food or drink. Store prepared items may be approved for special occasions.	

This institution is an equal opportunity provider