











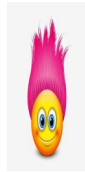






January 2026 Activities Calendar

Winter Wonderland



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Activities may change unexpectedly or may not be to your liking. We offer a variety of alternatives such as coloring independently, visiting with other clients, or playing cards/board games. Please see extensive alternative list posted in the Day Center.</p>				1 	2 10:00: Coffee & Talk 10:30: Exercise 11:00: Cornhole Art: Centerpieces 1:00: Music with Steve 2:00: Dice & Snowflake Beads	3
2	5 10:00: Coffee & Talk 10:30: Exercise 11:00: Games with AG / Family Feud/ Hangman 1:00: Giant Connect Four 2:00: Nat Geo & Jewelry	6 National Bean Day 10:00: Coffee & Talk 10:30: Exercise 11:00: Chat w/ AG Art: Bean Collages 1:00: Movie & Popcorn 2:30: Dice & Brain Games 	7 10:00: Coffee & Talk 10:30: Exercise 11:00: Ring Toss Art: Winter Banners 1:00: Music Therapy 2:00: Dice & Brain Games	8 10:00: Coffee & Talk 10:30: Exercise 11:00: Giant Tetris Art: Winter Banners 1:00: Snowball Games 2:00: Watercolors & Zinnia TV 	9 10:00: Coffee & Talk 10:30: Exercise 11:00: Healthy U/ Golf Art: Make a Puzzle 1:00: Show & Tell 2:00: Dice & Bookmarks	10
9	12 10:00: Coffee & Talk 10:30: Exercise 11:00: Volleyball Art: Paint a Snowflake 1:00: Music Therapy 2:00: Dice & "Your 2 Cents" 	13 10:00: Coffee & Talk 10:30: Exercise 11:00: Chat w/ AG Art: Paint a Snowflake 1:00: Plinko 2:00: Nat Geo & Snowflake Beads	14 10:00: Coffee & Talk 10:30: Exercise 11:00: Matt & Tammy Art: Salt Snowflakes 1:00: Bowling 2:00: Dice & Snacktivity 	15 National Bagel Day 10:00: Coffee & Talk 10:30: Exercise 11:00: Milo's Masterminds Art: Salt Snowflakes 1:00: Fishing 2:30: Dice & Snacktivity 	16 10:00: Coffee & Talk 10:30: Exercise 11:00: Plinko Art: Polar Bear Canvases 1:00: Music Mends Minds 2:00: Watercolors & Brain Games 	17
18	19 MLK Jr. Day 10:00: Coffee & Talk 10:30: Exercise 11:00: Games with AG "I Have a Dream" Doc 1:15: Bingo 2:15: Nat Geo & Watercolors 	20 National Cheese Day 10:00: Coffee & Talk 10:30: Exercise 11:00: Chat w/ AG Art: Winter Trees 1:00: Cheese Tasting/ Cheese Documentary 2:00: Dice & "Your 2 Cents" 	21 10:00: Coffee & Talk 10:30: Exercise 11:00: Winter Trivia/ Doc Art: Winter Trees 1:00: Music Therapy 2:00: Dice/ Jewelry	22 10:00: Coffee & Talk 10:30: Exercise 11:00: Milo's Masterminds Art: Snowman Sculptures 1:15: Bingo 2:15: Zinnia & Brain Games 	23 10:00: Coffee & Talk 10:30: Exercise 11:00: Milo's Masterminds Art: Snowman Sculptures 1:00: Movie & Popcorn 2:30: Watercolors/ Snowman Jewelry	24 
25	26 Crazy Hair Day 10:00: Coffee & Talk 10:30: Exercise 11:00: Games with AG / Winter Trivia/ Doc 1:00: Music Therapy 2:00: Dice & Jewelry 	27 10:00: Coffee & Talk 10:30: Exercise 11:00: Chat w/ AG Art: Wood Snowflakes 1:00: Horseshoes 2:00: Dice & Brain Games 	28 10:00: Coffee & Talk 10:30: Exercise 11:00: Matt & Tammy Art: Polar Poke Craft 1:15: Bingo 2:15: Table Activities & Dice	29 National Puzzle Day 10:00: Coffee & Talk 10:30: Exercise 11:00: Axe Throwing Art: Make a Puzzle 1:00: Animal Tracking 2:00: Board Games & Nat Geo 	30 10:00: Coffee & Talk 10:30: Exercise 11:00: Wii Games Art: Creative Cans 1:00: Animal Tracking 2:00: Dice & Snowflake Beads	31