



February 2026 Activities Calendar



Go for the Gold!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Ground Hog Day 10:00: Coffee & Talk 10:30: Exercise 11:00: Ground Hog Doc/ Art: Heart Banners 1:15: Bingo 2:30: Nat Geo & Jewelry 	3 10:00: Coffee & Talk 10:30: Exercise 11:00: Golf  Art: Centerpieces 1:00: Music Mends Minds 2:00: Dice & Cupid Coloring	4 10:00: Coffee & Talk 10:30: Exercise 11:00: Axe Throwing Art: Heart Banners 1:00: Music Therapy 2:00: Valentine Cards & Dice	5 10:00: Coffee & Talk 10:30: Exercise  11:00: Bowling Art: Ribbon Roses 1:00: Movie & Popcorn 2:30: Dice & Valentine Cards	6 Winter Olympics Opening Day  10:00: Coffee & Talk 10:30: Exercise 11:00: Olympics Opening Ceremony Art: Olympic Torches 1:00: Music with Steve 2:00: Beaded Hearts & Brain Games	7 
8	9 National Pizza Day 10:00: Coffee & Talk 10:30: Exercise 11:00: Family Feud/Hangman Art: Paper Plate Pizzas  1:00: Music Therapy 2:00: Snacktivity & Dice	10 10:00: Coffee & Talk 10:30: Exercise 11:00: Chat w/ AG/ Art: Puzzle Piece Wreaths 1:00: Giant Connect Four 2:00: Dice & Valentine Cards	11 10:00: Coffee & Talk 10:30: Exercise 11:00: Matt & Tammie Art: Salt Dough Hearts 1:15: Plinko 2:30: Dice & Nat Geo 	12 10:00: Coffee & Talk 10:30: Exercise  11:00: Cupid's Arrows Game/ Art: Centerpieces for Hope Event 1:00: Olympic Games 2:00: Brain Games & Valentine Cards	13 Valentine Celebration! 10:00: Coffee & Talk 10:30: Exercise 11:00: Healthy U/ Cupid's Arrows Game/ Art: Love Bugs 1:00: Valentine's Party 2:00: Valentine Show	14 
15	16 President's Day 10:00: Coffee & Talk 10:30: Exercise 11:00: Games with AG/ History Documentary 1:00: Sticky Ball 2:00: Nat Geo & Beaded Hearts 	17 Mardi Gras 10:00: Coffee & Talk 10:30: Exercise 11:00: Chat w/ AG Art: Mardi Gras Masks 1:00: Clothesline Chaos Game 2:00: Dice & New Orleans Documentary 	18 10:00: Coffee & Talk 10:30: Exercise 11:00: Milo's Masterminds Art: Snowflake Canvas 1:00: Music Therapy 2:00: Dice & Your 2 Cents	19 Pajama Day 10:00: Coffee & Talk 10:30: Exercise  11:00: Milo's Masterminds/ Art: Make Olympic Medals 1:15: Bingo 2:15: Brain Games & Jewelry	20 10:00: Coffee & Talk 10:30: Exercise 11:00: Olympic Games  Art: Make Olympic Medals 1:00: Music Therapy 2:00: Dice & Snowflake Beads	
22	23 10:00: Coffee & Talk 10:30: Exercise 11:00: Games with AG/ Animal Tracking 1:00: Music Therapy 2:00: Nat Geo & Jewelry	24 National Tortilla Chip Day 10:00: Coffee & Talk 10:30: Exercise 11:00: Chat w/ AG Art: Salt Dough Hearts 1:00: Plinko 2:00: Dice & Snacktivity 	25 10:00: Coffee & Talk 10:30: Exercise 11:00: Matt & Tammie Art: "Never Give Up" Project 1:00: Giant Tetris 2:00: Table Activities & Dice	26 10:00: Coffee & Talk 10:30: Exercise  11:00: Clothesline Chaos Game/ Art: "What I Love About Me" Jars 1:00: Fishing 2:30: Brain Games & Jewelry	27 10:00: Coffee & Talk 10:30: Exercise 11:00: Clothesline Chaos Game Art: "What I Love About Me" Jars 1:15: Bingo 2:30: Zinnia & Dice	

Activities may change unexpectedly or may not be to your liking. We offer a variety of alternatives such as coloring independently, visiting with other clients, or playing cards/board games. Please see extensive alternative list posted in the Day Center.