



February 2025



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>For the health and safety of our participants, please do not bring in or share any outside food or drink. Store prepared items may be approved for special occasions.</p>						<p>Meal Pattern</p> <p>Minimum</p> <p>Quantities</p>
<p>2</p>	<p>3 Cheese Burger Bowl Beef, cheese, onion, tomato, lettuce, pickles, brown rice, mixed fruit 1%</p>	<p>4 BLT Chicken Wraps Bacon WGR tortilla, chicken, tomato, lettuce, applesauce, 1% milk</p>	<p>5 Salsa Chicken Chicken, salsa, onion, tomatoes, cheese, sour cream, brown rice, mandarin oranges, 1% milk</p>	<p>6 Taco Salad Ground beef, lettuce, tomatoes, beans, onions, cheese, WGR corn chips, peaches, 1% milk</p>	<p>7 Meatloaf Ground beef, onions, celery, potatoes, broccoli, WGR bread, mixed fruit, 1% milk</p>	<p>Fluid 1% unflavored milk 8 oz.</p> <p>Meat or</p>
<p>9</p>	<p>10 Spaghetti Ground beef, WGR noodles, tomatoes, onions, peppers, garlic bread, pears, 1% milk</p>	<p>11 Chicken Fried Rice Chicken, brown rice, egg, onions, peas, carrots, peaches, 1% milk</p>	<p>12 Chicken Pot Pie Soup Chicken, peas, carrots, brown rice, potatoes, corn, applesauce, 1% milk</p>	<p>13 Grilled Cheese and Tomato Soup WW bread, cheddar cheese, tomatoes, applesauce, 1% milk</p>	<p>14 BBQ Chicken Sandwich Chicken, cheese, lettuce WGR bun, coleslaw bananas 1% milk</p>	<p>Meat Alternative</p> <p>2 oz. mm</p> <p>Vegetables 1/2 cup</p>
<p>16</p>	<p>17 Chicken and Waffles Chicken tenders, WGR waffles, 100% vegetable juice, mixed fruit, 1% milk</p>	<p>18 Turkey & Cheddar Sandwiches WW bread, sliced ham, cheddar, lettuce, tomato, chips, peaches, 1%</p>	<p>19 Taco Salad Ground turkey, lettuce, onions, tomatoes, corn chips, cheese, sour cream, guacamole, mixed fruit, 1% milk</p>	<p>20 Beef Stew Beef, potatoes, carrots, onions, celery 2 ounces WGR rolls, mixed fruit 1% milk</p>	<p>21 Fish Sticks Fish sticks, potato salad, WGR bread sticks, mandarin oranges, 1% milk</p>	<p>Fruits 1/2 cup</p> <p>Grains</p>
<p>23</p>	<p>24 Taco Casserole Ground beef, WGR corn chips, cheese, lettuce, tomatoes, beans, peaches, 1% milk</p>	<p>25 Sloppy Joes Ground turkey, tomatoes, onions, peppers, WW bun, chips, applesauce, 1% milk</p>	<p>26 Burrito Bowls Beans, brown rice, ground beef, tomatoes, onion, cheese, pears, 1% milk</p>	<p>27 Asian Chicken Salad Chicken, brown rice, onion, peppers, carrots, cabbage, mandarin oranges, 1% milk</p>	<p>28 Reuben Casserole Corned beef, sauerkraut, onions, Swiss cheese, ww roll, mandarin oranges, 1% milk</p>	<p>2 ounces</p> <p>2 servings or</p> <p>1 cup</p>

This institution is an equal opportunity provider