






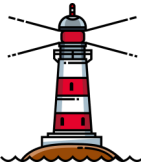




























August

CDM'S ADC ACTIVITY CALENDAR August 2022

Physical Day Center Hours are Monday through Friday 10am-3pm
Most activities will also be available virtually.
GoToMeeting 877-248-437

August

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <p><i>Artists Appreciation Month</i></p>	<p>1 10:00 Coffee Talk 10:30 Exercises 11:00 Crosswords/Art 1:00 Music Therapy 2:00 Dice</p>  <p><i>Respect Your Parents Day</i></p>	<p>2 10:00 Coffee Talk 10:30 Exercises 11:00 AG/Art w/Laura 1:00 Bingo 2:00 Dice</p>  <p><i>National Night Out</i></p>	<p>3 10:00 Coffee Talk 10:30 Exercises 11:00 Crosswords/Tie-dye 1:00 Bingo 2:00 Dice</p>  <p><i>Watermelon Day</i></p>	<p>4 10:00 Coffee Talk 10:30 Exercises 11:00 Coast Guard Trivia 1:00 Zinnia TV 2:00 Dice</p>  <p><i>Coast Guard Day</i></p>	<p>5 10:00 Coffee Talk 10:30 Exercises 11:00 Crosswords Art w/Patti and Kathy 1:00 Music Therapy 2:00 Dice</p>  <p><i>Water Balloon Day</i></p>	<p>6</p>  <p><i>National Clown Day</i></p>
<p>7</p>  <p><i>Lighthouse Day</i></p>	<p>8 10:00 Coffee Talk 10:30 Exercises 11:00 Crosswords/Art 1:00 Music Therapy 2:00 Dice</p>  <p><i>Happiness Happens Day</i></p>	<p>9 10:00 Coffee Talk 10:30 Exercises 11:15 Primetime Singers 1:00 Bingo 2:00 Dice</p>  <p><i>Book Lovers Day</i></p>	<p>10 10:00 Coffee Talk 10:30 Exercises 11:00 Matt and Tammy 1:00 Bingo 2:00 Dice</p>  <p><i>World Lion Day</i></p>	<p>11 10:00 Coffee Talk 10:30 Exercises 11:00 Trivia AU 1:00 Golf 2:00 Dice</p>  <p><i>Presidential Joke Day</i></p>	<p>12 10:00 Coffee Talk 10:30 Exercises 11:00 Zinnia TV Art w/Patti and Kathy 1:00 Music Therapy 2:00 Dice</p>  <p><i>Vinyl Record Day</i></p>	<p>13</p>  <p><i>Lefthander's Day</i></p>
<p>14</p>  <p><i>World Calligraphy Day</i></p>	<p>15 10:00 Coffee Talk 10:30 Exercises 11:00 Crosswords/Art 1:00 Music Therapy 2:00 Dice</p>  <p><i>Thrift Shop Day</i></p>	<p>16 10:00 Coffee Talk 10:30 Exercises 11:00 AG/Art w/Laura 1:00 Bingo 2:00 Dice</p>  <p><i>National Rum Day</i></p>	<p>17 10:00 Coffee Talk 10:30 Exercises 11:00 Volleyball 1:00 Bingo 2:00 Dice</p>  <p><i>National Nonprofit Day</i></p>	<p>18 10:00 Coffee Talk 10:30 Exercises 11:00 Trivia AU 1:00 Zinnia TV 2:00 Dice</p>  <p><i>Serendipity Day</i></p>	<p>19 10:00 Coffee Talk 10:30 Exercises 11:00 Client Council Art w/Patti and Kathy 1:00 Music Therapy 2:00 Dice</p>  <p><i>Orangutan Day</i></p>	<p>20</p>  <p><i>Honey Bee Day</i></p>
<p>21</p>  <p><i>Poets Day</i></p>	<p>22 10:00 Coffee Talk 10:30 Exercises 11:00 Crosswords/Art 1:00 Music Therapy 2:00 Dice</p>  <p><i>Be An Angel Day</i></p>	<p>23 10:00 Coffee Talk 10:30 Exercises 11:00 AG/Art w/Laura 1:00 Bingo 2:00 Dice</p>  <p><i>Ride The Wind Day</i></p>	<p>24 10:00 Coffee Talk 10:30 Exercises 11:00 Elvis 1:00 Bingo 2:00 Dice</p>  <p><i>National Ukraine Day</i></p>	<p>25 10:00 Coffee Talk 10:30 Exercises 11:00 Nat. Park Trivia 12:00 Howling Wolf Karaoke 2:00 Dice</p>  <p><i>National Park Service Day</i></p>	<p>26 10:00 Coffee Talk 10:30 Exercises 11:00 Crosswords Art w/Patti and Kathy 1:00 Music Therapy 2:00 Dice</p>  <p><i>National Dog Day</i></p>	<p>27</p>  <p><i>International Bat Night</i></p>
<p>28</p>  <p><i>Pony Express Day</i></p>	<p>29 10:00 Coffee Talk 10:30 Exercises 11:00 Crosswords/Art 1:00 Music Therapy 2:00 Dice</p>  <p><i>More Herbs, Less Salt Day</i></p>	<p>30 10:00 Coffee Talk 10:30 Exercises 11:00 AG/Art w/Laura 1:00 Bingo 2:00 Dice</p>  <p><i>Whale Shark Day</i></p>	<p>31 10:00 Coffee Talk 10:30 Exercises 11:00 Matt and Tammy 1:00 Bingo 2:00 Dice</p>  <p><i>Diatomaceous Earth Day</i></p>	 <p><i>Golf Month</i></p>	 <p><i>National Cowgirl Month</i></p>	<p>Activities may change unexpectedly or may not be to your liking. We offer a variety of alternatives such as coloring independently or visiting with other clients or playing games like cards. Please see extensive alternative list posted in the Day Center. Thank You.</p>

This institution is an equal opportunity provider.