April 2024Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Meal Pattern Minimum Quantities **Fluid 1% milk 8 oz.** **Meat or Meat Alternative 2 oz. mm** **Vegetables 1/2 cup** **Fruits 1/2 cup** **Grains 2 ounces** **2 servings or 1 cup**	1**Taco Casserole** Ground beef, pinto beans, cheese, corn chips, tomatoes, onions,	2**Chicken Ranch Wraps** Chicken, lettuce, tomato, WG tortilla, peaches, 1% milk 	3**Garden Vegetable Soup** Carrots, onions, beans, corn, potatoes, green beans, garlic, kale, wg roll, applesauce, 1% milk	4 **Asian Chicken Salad** Chicken, wg roll onion, peppers, carrots, cabbage, mandarin oranges , 1% milk	5 **BBQ Chicken Bowl** Chicken, quinoa, black beans BBQ sauce, pears, 1% milk 	6
	8**Reuben Casserole** Corned beef, sauerkraut, onions, swiss cheese, ww roll, mandarin oranges, 1% milk	9**Tuna Sandwich** Tuna, ww bread, garden salad, peaches, 1% milk	10**Chicken BLT Wraps** Chicken, lettuce, tomato, bacon, WG tortilla, peaches, 1% milk	11**Enchilada Casserole** Chicken, cheese, ww tortilla, tomatoes, onions, beans, mandarin oranges, 1% milk	12**Chicken Fried Rice** Chicken, brown rice, egg, onions, peas, carrots, peaches, 1% milk	13
	15 **Minestrone Soup** Beans, carrots celery, squash, tomatoes, onions, pasta, peaches, wg roll, 1% milk	16**Chili** Ground turkey, beans, tomatoes, onions, peppers, cheese, cornbread, 1% milk	17**Spaghetti** Ground beef, wg noodles, tomatoes, onions, peppers, garlic bread, pears, 1% milk	**18 Pasta Salad** Wg noodles, chicken, tomatoes, onions, cucumbers, olives, pears, 1% milk 	19 **Lemon Sumac Chicken** Chicken, potatoes, onions, garlic, sumac, wg roll, green beans, mandarins, 1 %milk	20
	22 **Taco Salad** Ground turkey, lettuce, onions, tomatoes, corn chips, cheese, sour cream, guacamole, mixed fruit, 1% milk	23**Pulled Pork Sandwich** Pork, wg hamburger bun, coleslaw, pears, 1% milk	24**Egg Roll In a Bowl** Brown rice, chicken, cabbage, carrots, onions, mandarin oranges, 1% milk	25**Chicken Cordon Bleu Casserole** Chicken, wg pasta, ham, swiss cheese, peas, carrots, 1% milk	26**Turkey and Swiss Sandwiches** WG bread, sliced turkey breast, swiss cheese, lettuce, tomato, chips, fruit cocktail, 1% milk	27
	29**Navy Bean & Ham Soup** Ham, navy beans, onions, wg rolls, carrots, mixed fruit, 1% milk	30**Burrito Bowls**  Beans, brown rice, ground beef, tomatoes, onion, cheese, pears, 1% milk			**For the health and safety of our participants, please do not bring in or share any outside food or drink. Store prepared items may be approved for special occasions.**	